

Welcome to Hamburg



30. July to 25. August 2023

A Guide to the



*International
Foundation for the
Law of the Sea*

Summer Academy

Dear Class,

Welcome to the IFLOS Summer Academy at the International Tribunal for the Law of the Sea and welcome to Hamburg. In the first part of this little brochure, we gathered some information about the Summer Academy and your daily life in regard to that. In the second part, you will find information about Hamburg itself.

If you have any suggestions as to how we can improve this information for future participants, please let us know.

We hope your time at the Summer Academy and in Hamburg proves to be an enjoyable one. We are looking forward to seeing you soon.

Best regards,

Your IFLOS Summer Academy Team



Manfred Lohmann



Alexander Proelss



Nele Matz-Lück



Clara Egler



Felix Bode

Part I: Information Summer Academy

1. The Venue

Unless indicated otherwise, events and lectures will either be in a conference room off the Tribunal's Rotunda or at "Villa Schröder" on the premises of the

International Tribunal for the Law of the Sea
(ITLOS)

Am Internationalen Seegerichtshof 1

22609 Hamburg

Germany

www.itlos.org



The Villa also hosts the office of the

International Foundation for the Law of the Sea (IFLOS)

Villa Schröder

Am Internationalen Seegerichtshof 1

22609 Hamburg

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During the Summer Academy, it will also serve as the Course Office providing general support for attendees and printing/photocopying facilities.

The venue is situated in the south-west of Hamburg, in a quiet residential area about twenty minutes (by bus or underground) from the city centre.

We recommend using Google Maps to get a first impression.

Contact details IFLOS team

If you have any questions about this information or just about anything else, just send us an e-mail or (when around Hamburg) come and see us. In emergency cases during the Summer Academy, you can also call us:

Manfred Lohmann	+49 175 524 6358
Clara Egler	+49 152 3644 0352

2. Accommodation

For those of you who benefit from a scholarship by one of our donors and the ones who opted for an accommodation provided by the Foundation, you will be accommodated at Hood House, <https://www.hood-house.de/en/>, located in the part of Hamburg that is called Winterhude. Each participant will stay in single-room serviced apartments, with a small kitchen and essential cooking equipment in each room. The reservation does not include breakfast or dinner.

For the remaining participants, finding suitable accommodation will be the attendees' responsibility. Unfortunately, the Foundation is not in a position to provide advice or assistance beyond rather general tips; using internet portals such as <https://booking.com>, <https://airbnb.com> or similar sites is recommended. We also do not assume any obligations towards real estate agents and/or landlords.

3. Food

During the week, we will have lunch together in between the lectures at a restaurant nearby. Please make sure to inform the Summer Academy Management of any dietary restrictions you have and we will strive to accommodate your needs.

While the lunch during the week is included in the programme, you will have to make arrangements for your own dinner during the week and for meals during the weekends – you will find some options in the "Shopping Section" in Part II); former participants suggested to pack a plate and some cutlery.

4. Dress Code

Casual clothing should be worn for the planned extra-curricular activities; please bring a rain coat, umbrella and comfortable shoes. No matter how sunny the weather forecast, be prepared for sudden and lasting rain in Hamburg.

As we'll probably hit the beach at Timmendorfer Strand, bathing suits might come handy.

Smart casual will be appropriate for the lectures and the farewell party.

Business attire will be required for the Opening Ceremony and the Open Event.

Formal dress (dress-uniform for members of the armed forces) will be appropriate for the Reception at the Hamburg City Hall; we encourage people to wear their national festive dress on that day, as seen in the picture below.



5. Arrival / Departure

Intercontinental travellers are allowed to arrive one day earlier.

Unfortunately, we cannot arrange transportation from and to the airport or railway station, therefore, you will have to find your own way around. That is fairly easy, as you will see on the following pages.

Taxis are available although they might be rather expensive (probably up to 50/55 Euros). However, the HVV (Hamburg's public transportation system) runs a very efficient network of rapid trains (S-Bahn), underground (U-Bahn) and busses. (See also the section Mobility).

If you arrive rather late on Sunday evening, you will miss the get-together, introduction etc. which will begin at 5 p.m. at the Tribunal and in the Villa Schröder. However, if you cannot make it, this would not cause a major problem, but as we will have to make arrangements for your arrival, please inform us, as soon as possible. Longer stays in Hamburg (at your own risk and cost) are negotiable.

6. Daily travel to the Tribunal

For your daily travel from to the Tribunal and vice versa, you have several options:

Train

The S1 train will take you to a station called Klein Flottbek. If you start in Altona or at the main station, you should take it in the direction of Wedel or Blankenese. From there it is just a short 10-minute walk down the street Kanzleistraße.

Bus

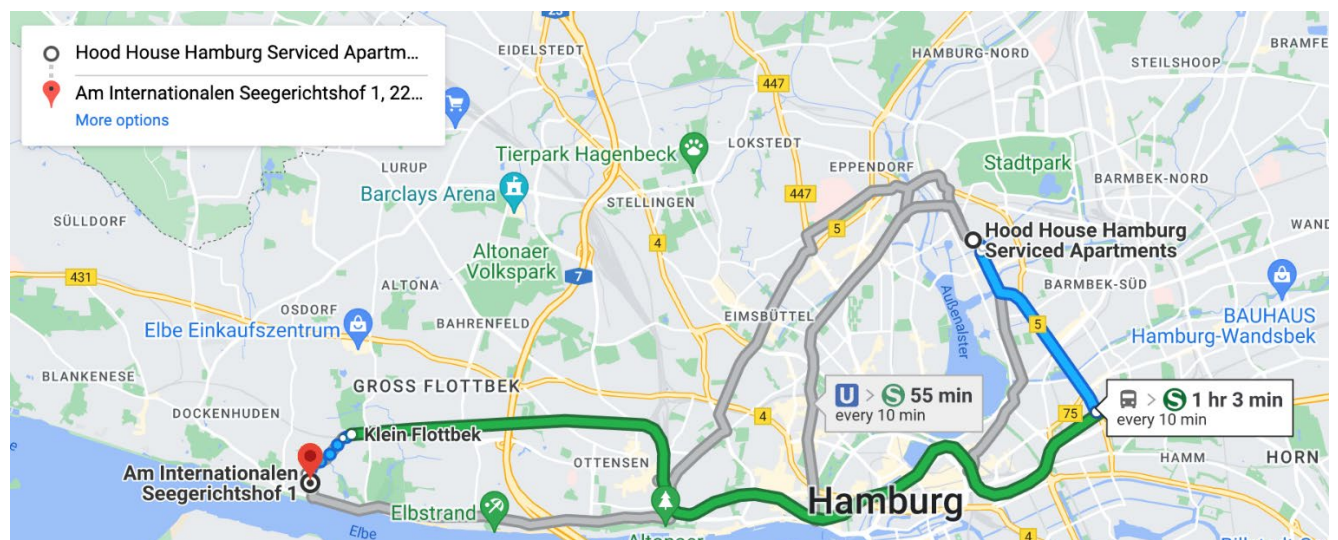
The bus number 112 in the direction of S Blankenese takes you to the bus stop Jürgensallee, which is right next to the Tribunal. It starts in the very east of Hamburg and traverses the whole city, stopping at, e.g., Hammerbrook, Central Station, Stephansplatz, St. Pauli, and Altona.

Ferry

If you are accommodated south of the river Elbe, your daily commute may include a short ride on a ferry number 64, which takes you from Finkenwerder to Teufelsbrück. From Teufelsbrück, it is a 13 minute walk to the tribunal.

From the Hood House accommodation

The commute to the Tribunal takes around 1 hour, as there are no direct routes from the House to the Tribunal. There are many possible combinations of routes to take. The first option is walking 4 minutes for the Goldbekplatz bus stop to take Bus 6 or 17, then getting out at the Hamburg Central Station and taking the S1 train as mentioned above. Another option is walking 10 minutes to the U3 metro station called Sierichstraße, catching the U3 metro to the St Pauli station, then taking the bus number 112 right at the exit of the station, as mentioned before. There are also other options that include taking only the metro and train, and only bus connections. More routes are available at: <https://goo.gl/maps/CJkCTR2JDAT4BVZq5>.



Please take care that you arrive well on time before the lectures start.

Part II: Hamburg

1. Hamburg in general

Hamburg is the second-largest city in Germany, and the seventh largest city in the European Union. If you would like to know more about Germany in general before exploring Hamburg, you might be interested in visiting the following website <https://www.tatsachen-ueber-deutschland.de/en> (the site, at first glance, appears to be aimed at people wishing to work in Germany, but if you scroll a little, you will find a number of categories with general information).

The city of Hamburg has about 2 million inhabitants and is Europe's third largest port after Rotterdam and Antwerp. In 2019, Hamburg ranked 19th in the list of most livable cities in the world. Hamburg is a major transport hub in Northern Germany and is one of the most affluent cities in Europe.

Hamburg has become an increasingly popular tourist destination in past years. Cruise liners such as Queen Mary II and Aida often call at the port of Hamburg to drop off thousands of eager visitors to the city. You will certainly not be the only "newbie" in Hamburg! The attractiveness of Hamburg for tourists is due to a unique mixture of culture, maritime flair, nature and lively urban areas. Hamburg's welcoming parks, lakes and little summer beaches will ensure you have a splendid time here.

2. Culture

If you want to enjoy the cultural life of Hamburg, you can visit one of the many musicals, operas, theatres and concerts. You can find more information about the current events on the Hamburg city official website <https://www.hamburg.de/> and on <https://rausgegangen.de/hamburg>.



Hamburg is home to the newly built Elbphilharmonie, one of the world's acoustically most advanced concert halls. You might like to enjoy a concert there. Tickets can be acquired on the Elbphilharmonie's website through the following QR-code or at <https://www.elbphilharmonie.de>:

3. Health

If you need to see a doctor, the website <https://www.hamburg.com/residents/settle/health/11873338/doctors/> links to several lists of doctors and dentists (unfortunately, many of the lists are only in German).

Some addresses of general practitioners, dentists and psychologists are kept at the IFLOS office. In urgent cases, the IFLOS Summer Academy Team will assist you in finding the nearest medical care. The national emergency phone number is 112.

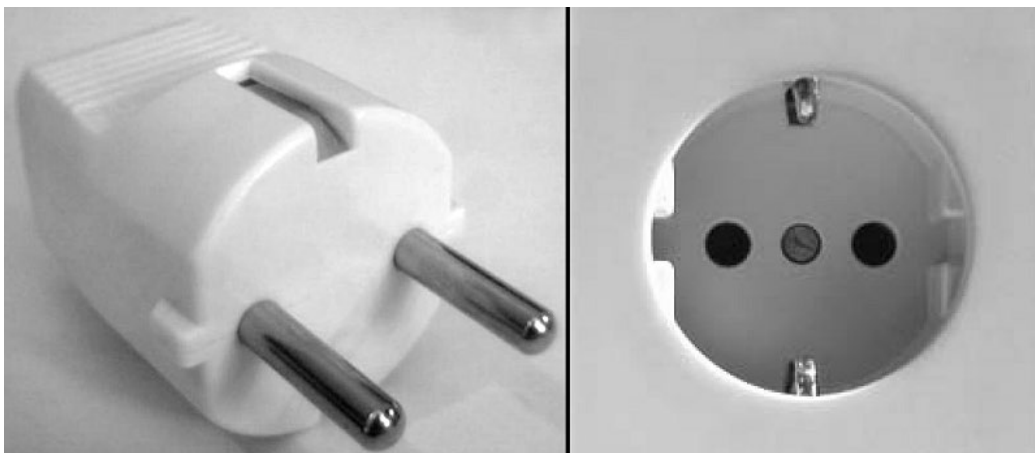
Please make sure that you carry a Travel Health Insurance which is obtainable at insurance offices and airports in your home country at a small fee. With most travel insurances, at the doctor / dentist you need to pay in cash Euro and reclaim costs from your insurance when back home.

4. Police

If you need to call the Police, you will have to call 110.

5. Power Plugs

Please consider that you will most likely need some sort of adapter to make your electronics compatible with the German AC sockets.



This is what a German plug and socket look like.

6. Mobility

Guided day/night tours

It is always nice to get to know a city through a guided tour. The Summer Academy Team is taking care of that during the first week. It might be, however, that you would like to have another tour to get to know Hamburg even better.

Please visit <http://www.newhamburgtours.com/> to get an introduction of all the free tours they are offering. You can even take a slightly different “tour” to get to know Hamburg’s major pubs and clubs during the night. It is always fun to go with a few colleagues to these activities, so nobody gets lost during the night. Furthermore, if you would like to know more about any events going on in Hamburg, or places which you can visit, please check the following website: <http://english.hamburg.de/>.

There are also tourist offices near the central railway station (Hauptbahnhof) on Kirchenstrasse and at the St. Pauli Landungsbrücken where you can ask for more information about the city.

The public transportation system in Hamburg

Of course, you can also explore the city on your own with the public transportation system. You will be provided with tickets for public transport for the duration of your stay. This ticket will not only cover your daily route from your accommodation to the Tribunal, but also enable you to explore our beautiful hometown. With the new “Deutschland Ticket”, recently created by the German government, you will also be able to use public transportation in any other German city as well as intercity public transport (train categories such as RE, RB, ME and a few others). You could in theory visit any other German city using intercity public transport included in your ticket, however travel-times are rather long. You can however **not** use rapid intercity long-distance trains such as ICE or IC. Please consult the staff at the railway stations before boarding any train, in case you are unsure.

To create your own individual plan to get around Hamburg, to look up timetables and how to get from place A to place B, you can use the website or app of the HVV (www.hvv.de/en) or Google Maps. You will also find a map of Hamburg’s railway system at the end of this leaflet.



Taxi

To get a Taxi, you call 66 66 66 or 211 211 (prefix +4940). You can also order a taxi by downloading the app FREENOW and requesting a shared ride on the app MOIA. If this does not work out for you, there are taxis just waiting in the streets most of the time. Uber is not as common in Germany as it is elsewhere.

Car sharing

Hamburg has a variety of car sharing services. While ShareNow, MILES and SIXT Share offer free-floating carsharing services, Hamburg is also home to the ride-sharing service MOIA. All of these services are accessible through apps. They do, in the former cases, of course require a rather comprehensive registration process where your driver’s license and credit card data will be asked for.

7. Communication

If you let us know, we will gladly help you in acquiring (and activating) a pre-paid mobile phone card (ALDI Talk) for the duration of your stay. This will cost you a 9.99 € activation fee, however including a starting credit of 10 €. Cellphone services are rather expensive in Germany, 7.99 € with this provider will e.g. get you unlimited phone conversations (in Germany) and SMS, but only 3 GB of data for 4 weeks.

Internet

Please note that public WiFi is not (yet) a common standard in Germany and that many restaurants, cafés and locations will not provide it.

Post Service

If you want to send a letter or package, you can use the postal service of the Deutsche Post. You will be able to find your nearest Post Office with the help of Google Maps.



8. Embassy/Consulate

Hamburg is home to diplomatic missions from many countries. You should be able to find your country's consulate through a simple internet search. Don't hesitate to ask us, however, if you need assistance.

9. Shopping, Money and more

Where can I find a bank?

You can find ATMs all over the city. You should be able to easily find one using Google Maps. Common Symbols to look for when looking for banks are these:



Shopping Opportunities

Close to the Tribunal, there is a smallish supermarket, which will cover your basic food requirements and provide some toiletries. In the vicinity of the Tribunal, there is also a pharmacy, a dry cleaner and a bakery. If you would like to order food, most Germans would use an app called Lieferando, which you should find in your respective app stores. For shopping groceries, these are the most common supermarkets, with Edeka generally being the most expensive and Aldi the cheapest:



The most common drugstore where you can buy toiletries, prescription-free medication, and many other small necessities is called Budni. Pharmacies are recognizable by the big red "A" (for "Apotheke").



Nightlife

The nightlife in Hamburg is mostly concentrated around the districts of Sternschanze and St. Pauli. You can take the U- or S-Bahn to U/S Sternschanze, U St. Pauli or S Reeperbahn and walk from there. There are plenty of bars, clubs, restaurants and anything in between to be found. While in Sternschanze you will find more bars and restaurants, St. Pauli/Reeperbahn is more about the life of the party.

The Fish Market on Sunday Morning

Hamburg's traditional open-air market on early Sunday mornings (as from 06:00h) is an absolute must for every visitor. Every Sunday morning, customers come from near and far to bargain with vendors praising wares of virtually every type at Hamburg's oldest, most traditional open-air market, dating back to 1703. Saturday night revellers from Reeperbahn stand here with fish rolls and hot coffee in their hands waiting for their spirits to revive. Especially popular with early birds, bargain hunters and tourists: Brunch in the historic fish auction hall with jazz, skiffle or country and western music.

Plenty of other places

Especially for those who would like to shop until they drop, we will provide you with more shopping details via the Hamburg Guide on shopping.

Price examples

The average meal in a restaurant will cost around 8 to 18€ (beverages not included). Beverages can cost up to 5€. Please note, that free refills and free tap water are not common practices in Germany. Tipping 10-20% however is. An unfortunate combination of practices, we know.

Other places worth a visit

Other noteworthy sights are the historic Speicherstadt and the adjacent newly built modern district of HafenCity. Within Speicherstadt there is also the ever-popular Miniatur Wunderland in which locals and visitors alike marvel at most of Hamburg and lots of other world-sights in miniscule detail at a scale of 1:87.

On sunny days it is also very worthwhile to rent a boat and spend the day paddling, rowing or "cycling" around the Alster and its many beautiful canals.

Physical Exercise

- Bring your running outfit and shoes – Hamburg offers plenty of beautiful and well-frequented sites for runners. There is almost no better place to discover your inner Forrest Gump.
- Swimming - there are (sort of) beaches on the banks of River Elbe for tanning but we would not recommend swimming due to the currents and heavy shipping. However, there are public outdoor (just google "Freibad") as well as indoor ("Schwimmbad" or "Hallenbad") pools scattered around the city.

- Bicycles - Hamburg runs a short time bike rental service (Stadtrad Hamburg). Their bikes are available at stations all around the city. You only have to download the app on your phone, create an account and pay the yearly fee of 5€ (includes 5€ of riding-credit). Once you have done that you can use the bicycles without additional charge for up to 30 minutes (It is possible to just “switch bikes” after that time to avoid paying 0,10€ per minute after 30 minutes). You will find the app here: <https://stadtrad.hamburg.de/en>. Some business savvy participants in the past bought a bicycle at a used bike shop and sold it back at a discount or even a profit.

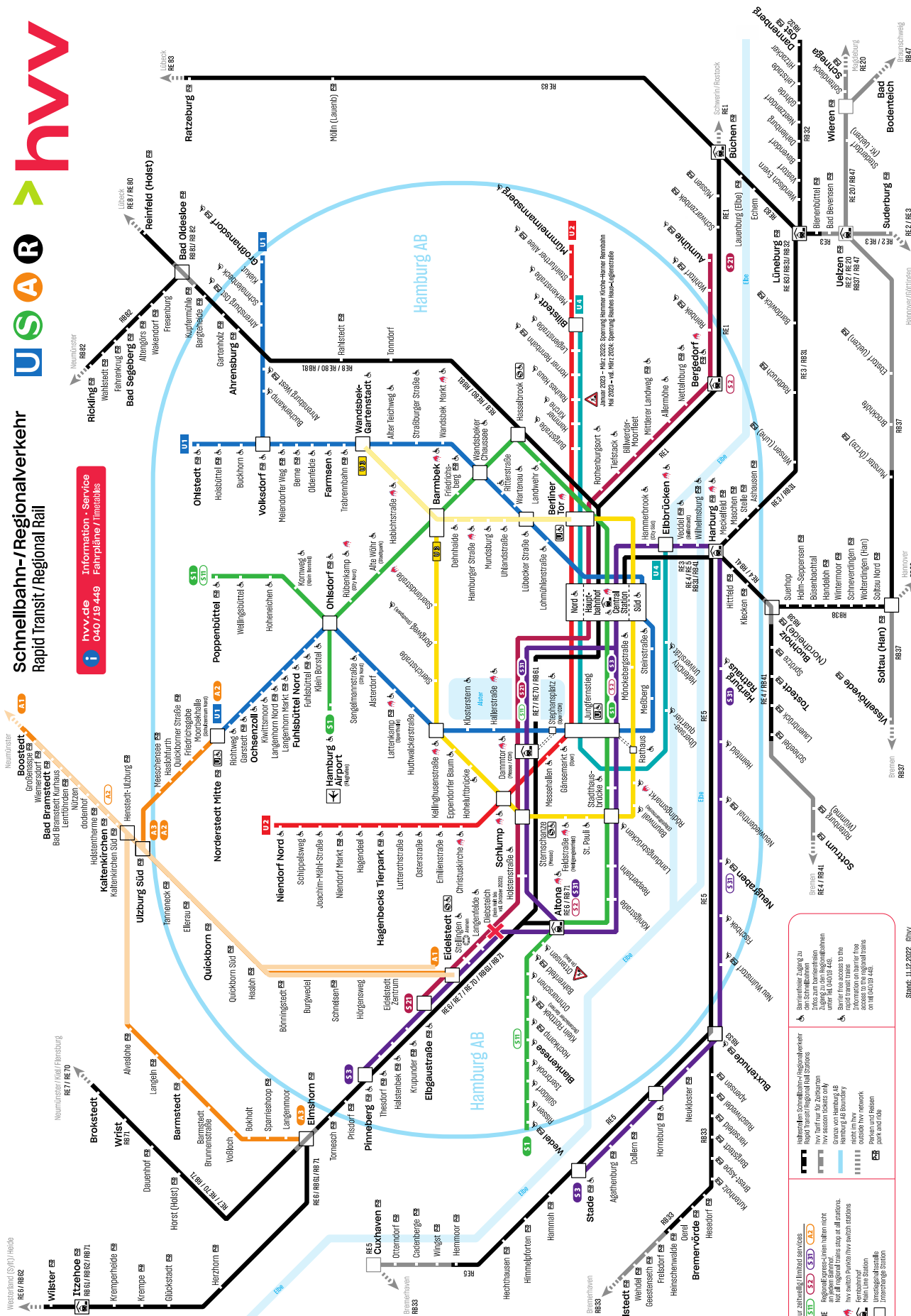


- Gym - You can use platforms such as “Urban Sports Club” to buy yourself a short-term-membership for a choice of Gyms in Hamburg. You can find it here: <https://urbansportsclub.com/en>



10. More Questions

The IFLOS Team will always be happy to help you with the little challenges of everyday life. While face-to-face-conversations are of course preferable, you can always shoot us an e-mail to summeracademy@iflos.org or – in more urgent cases – text Clara at +49 152 3644 0352.



Nur zentralisierte, farblich markierte Services

- RE Regionalverkehr - from here not
- RB Regionalverkehr - not all regional trains stop at all stations
- S-Bahn Hamburg AB
- U-Bahn Hamburg
- hvv switch points have switch stations
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Wichtig für Schnellbahn-/Regionalverkehr

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Wichtig für U-Bahn Hamburg

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